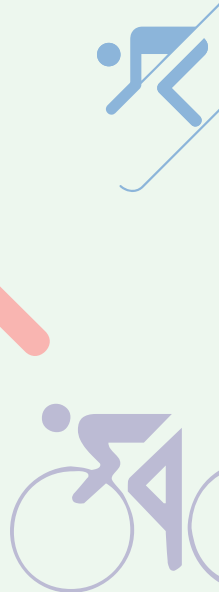
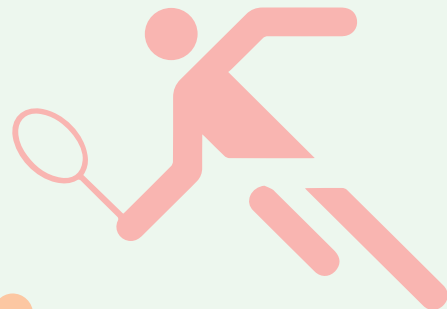
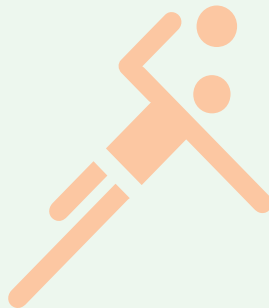
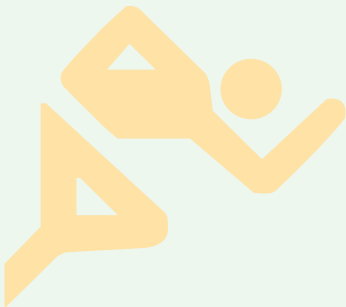




# Programme

## **STOP SPORTS INJURIES - BACK TO SPORTS**

3-4 November 2017  
Munich, Germany



[www.esma-conference.org](http://www.esma-conference.org)

Under the patronage of



## Welcome

*Dear Colleagues and Friends,*

in May 2016, the ESMA (European Sports Medicine Associates) was established as a new section of ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy). The aim of the section is to bring together the various disciplines of sports medicine including surgeons, sports-doctors, physical therapists, sports scientists, coaches and others.

On 3-4 November 2017, the first ESMA Open Meeting will take place in Munich, Germany. We are proud to announce that many leading figures from the world of sports medicine will take part in the Meeting and will present their experience in specific sports. For each topic we have invited an international expert to give a key note lecture: Henrique Jones (Portugal), Daryl C. Osbahr (USA), Karl-Peter Benedetto (Austria), Stefano Della Villa (Italy). Dr. Osbahr (USA) the chair of the AOSSM STOP outreach committee will present the “STOP sports injuries” programme which has been successfully established in the US. In addition to the outstanding quality presentations of international experts there will be various workshops organised in the field of sports medicine.

In line with the ESMA spirit, the Meeting is especially designed for all disciplines of sports medicine: Physicians, sport traumatologists, physiotherapists, sport scientists, coaches and sports managers are all welcome to this pioneering meeting and the programme will address topics relevant, and of interest, to all of these disciplines and professions.

We look forward to welcoming you to Munich on occasion of this international meeting of sports medicine.

Warm regards,

Hermann Mayr  
ESMA Chairman

Mirco Herbolt  
ESMA Secretary

Karl-Peter Benedetto  
ESMA Deputy Chairman

Werner Krutsch  
ESMA Education Secretary

# Scientific Programme

## Friday, 3 November 2017

**9:30-10:15** Registration, Welcome coffee

**10:15-10:30** Opening

10' Welcome by ESSKA President (*Romain Seil*)

5' Welcome by ESMA Chairman (*Hermann Mayr*)

**10:30-12:00** Health aspects of sports

*Chair: Karl-Peter Benedetto, Hermann Mayr*

14' **Keynote lecture:** Common aspects of health in sports (*Henrique Jones*)

8' • Football (*Stefano Della Villa*)

8' • Triathlon (*Casper Grim*)

8' • Cycling (*Jacques Menetrey*)

8' • Dancing (*Patricia Thoreux*)

8' • Alpine Skiing (*Hubert Hörterer*)

8' • Tennis (*Emilio Lopez Vidriero*)

8' • Athletics (*Emmanuel Papacostas*)

20' • Discussion

**12:00-13:30** Break & visit of exhibition

**12:15-13:15** Company workshops

**13:30-15:30** Stop sports injuries – Prevention in sports

*Chair: Romain Seil, Jacques Menetrey*

20' **Keynote lecture:** STOP Sports Injuries Program – Keeping kids in the Game for Life  
(*Daryl C. Osbahr*)

10' • Football (*Henrique Jones*)

10' • Handball (*Kai Fehske*)

10' • Basketball (*Baris Kocaoglu*)

10' • Ice Hockey (*Gernot Felmet*)

10' • Tennis (*Michael Najfeld*)

10' • Athletics (*Gian Luigi Canata*)

10' • Rugby (*Michael Carmont*)

10' • Alpine Skiing (*Karlheinz Waibel*)

20' • Discussion

**15:30-17:00** Break & visit of exhibition

**15:45-16:45** Company workshops

**17:00-19:00** Therapy of sports injuries

10' **Keynote lecture:** Management of severe sports accidents (*Karl-Peter Benedetto*)

17:10-17:30 **Round table:** Sideline Management of sports injuries

*Moderator: Stefano Della Villa*

*Faculty: Michael Carmont, José Huylebroek, Hubert Hörterer, Henrique Jones, Matteo Denti, Jacques Menetrey, Werner Krutsch, Emilio Lopez-Vidriero*

o Therapy of overuse syndroms

o Therapy of ligament injuries

o Therapy of muscle injuries

17:30-17:50 **Round table:** Sports specific ACL reconstruction

*Moderator: Hermann Mayr*

*Faculty: Patricia Thoreux, Ralph Akoto, Werner Krutsch, Kaywan Izadpanah, Andrey Korolev, Mirco Herbort, Matteo Denti, Karl-Peter Benedetto, Romain Seil, Helmut Hoffmann*

## Friday, 3 November 2017

- 17:50-18:10 **Round table:** Therapy of ankle injuries (Ligament/Achilles tendon)  
*Moderator: Michael Carmont*  
*Faculty: Anja Hirschmüller, Gian Luigi Canata, Henrique Jones, Patricia Thoreux*
- 18:10-18:30 **Round table:** Therapy of shoulder dislocations in athletes  
*Moderator: Andreas Imhoff*  
*Faculty: Kai Fehske, Emilio Lopez-Vidriero, Lior Laver, Florian Haasters, Angelina Lukaszenko*
- 18:30-19:00 **Symposium:** Cartilage and Muscle  
*Chair: Gian Luigi Canata, Gernot Felmet*
- 10' • Osteochondral repair in athletes (*Peter Angele*)
  - 10' • Cell-based cartilage repair in athletes (*Philipp Niemeyer*)
  - 10' • Therapy of muscle injuries / avulsions (*Peter Ueblacker*)



## Saturday, 4 November 2017

- 09:00-10:30 **Back to sports 1**  
*Chair: Werner Krutsch, Jose Huylebroek*
- 14' **Keynote lecture:** Evidence in back to sports in football (*Stefano Della Villa*)
- 8' • Football (*Andrey Korolev*)
  - 8' • Back to Football with Osgood-Schlatter Disease (*Angelina Lukaszenko*)
  - 8' • Competitive Sports (*Helmut Hoffmann*)
  - 8' • Alpine Skiing (*Karlheinz Waibel*)
  - 8' • Extreme sports (*Sepp Braun*)
  - 8' • Handball (*Romain Seil*)
  - 8' • Sport specific and mental aspects in back to sports (*Hannes Wallner*)
  - 20' • Discussion
- 10:30-11:00 **Break & visit of exhibition**
- 11:00-12:30 **Back to sports 2**  
*Chair: Mirco Herbort, Henrique Jones*
- 14' **Keynote lecture:** Criteria for the future algorithm in back to sports (*Lars Engebretsen*)
- 8' • Rugby (*Michael Carmont*)
  - 8' • Athletics (*Gian Luigi Canata*)
  - 8' • Tennis (*Radu Prejbeanu*)
  - 8' • Triathlon (*Casper Grim*)
  - 8' • Aspects of GOTS (Thomas Tischer)
  - 8' • After Shoulder injury (*Andreas Imhoff*)
  - 8' • After Ankle injury (*Niek van Dijk*)
  - 20' • Discussion

Date: 8 September 2017



## ESMA Faculty

**Akoto, Ralph**, Hamburg, Germany  
**Angele, Peter**, Regensburg, Germany  
**Benedetto, Karl-Peter**, Rum, Austria  
**Braun, Sepp**, Munich, Germany  
**Brzoska, Roman**, Bielsko-Biala, Poland  
**Canata, Gian Luigi**, Turin, Italy  
**Carmont, Michael**, Boningale/Wolverhampton, United Kingdom  
**Della Villa, Stefano**, Bologna, Italy  
**Denti, Matteo**, Gravesano, Switzerland / Monza, Italy  
**Engebreetsen, Lars**, Oslo, Norway  
**Fehske, Kai**, Würzburg, Germany  
**Felmet, Gernot**, Villingen-Schwenningen, Germany  
**Grim, Casper**, Osnabrück, Germany  
**Haasters, Florian**, Munich, Germany  
**Herbort, Mirco**, Münster, Germany  
**Hirschmüller, Anja**, Freiburg, Germany  
**Hoffmann, Helmut**, Donaustauf, Germany  
**Hörterer, Hubert**, Rottach-Egern, Germany  
**Huylebroek, Jose**, Brussels, Belgium  
**Imhoff, Andreas B.**, Munich, Germany  
**Izadpanah, Kaywan**, Freiburg, Germany  
**Jones, Henrique**, Montijo, Portugal  
**Kocaoglu, Baris**, Istanbul, Turkey  
**Korolev, Andrey**, Moscow, Russian Federation  
**Krutsch, Werner**, Regensburg, Germany  
**Laver, Lior**, Tel-Aviv, Israel  
**Lopez Vidriero, Emilio**, Seville, Spain  
**Lukaszenko, Angelina**, Warsaw, Poland  
**Mayr, Hermann**, Munich, Germany  
**Menetrey, Jacques**, Geneva, Switzerland  
**Najfeld, Michael**, Munich, Germany  
**Niemeyer, Philipp**, Munich, Germany  
**Osbahr, Daryl C.**, Orlando, United States of America  
**Papacostas, Emanuel**, Thessaloniki, Greece  
**Prejbeanu, Radu**, Timisoara, Romania  
**Seil, Romain**, Luxembourg, Luxembourg  
**Thoreux, Patricia**, Bobigny, France  
**Tischer, Thomas**, Rostock, Germany  
**Ueblacker, Peter**, Munich, Germany  
**van Dijk, C. Niek**, Amsterdam, The Netherlands  
**Waibel, Karlheinz**, Planegg, Germany  
**Wallner, Hannes**, Saalfelden, Austria

## Industry

### Workshop

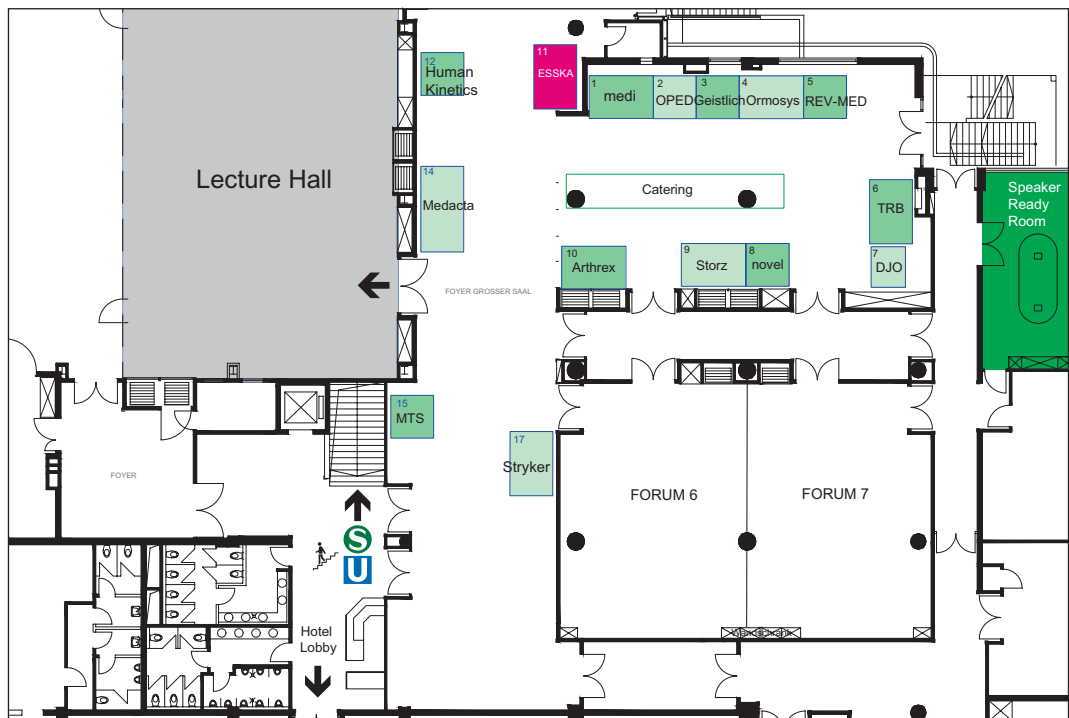
Friday, 3 November 2017, 12:15-13:15



### Exhibitors

We thank the exhibitors for their extraordinary support!

Company	City, Country	Stand-No.
Arthrex GmbH	81249 Munich, Germany	10
DJO Global/Ormed GmbH	79100 Freiburg, Germany	7
ESSKA a.s.b.l.	1460 Luxembourg, Luxembourg	11
Geistlich Biomaterials Vertriebsgesellschaft mbH	76534 Baden-Baden, Germany	3
Human Kinetics Europe Ltd	LS28 6AT Stanningley, Leeds, United Kingdom	12
Medacta International SA	6874 Castel San Pietro, Switzerland	14
medi GmbH & Co. KG	95448 Bayreuth, Germany	1
MTS Medical UG	78467 Konstanz, Germany	15
novel GmbH	81675 Munich, Germany	8
OPED GmbH	83626 Valley/Oberlaindern, Germany	2
Ormosys Firma Langmeier	83064 Raubling, Germany	4
REV-MED International GmbH	81677 Munich, Germany	5
STORZ MEDICAL AG	8274 Tägerwilen, Switzerland	9
Stryker GmbH & Co. KG	47228 Duisburg, Germany	17
TRB Chemedica AG	85622 Feldkirchen, Germany	6



Date: 8 September 2017



# STOP SPORTS INJURIES – BACK TO SPORTS



## Information

### Organised by

Hermann Mayr (Germany)  
Mirco Herbort (Germany)  
Karl-Peter Benedetto (Austria)  
Werner Krutsch (Germany)

### Venue and hotel

Holiday Inn Munich – City Centre  
Hochstraße 3  
81669 Munich  
Germany

### Fiscal organiser, congress and exhibition management

Intercongress GmbH  
Wilhelmstr. 7  
65185 Wiesbaden  
Germany  
esma-conference@intercongress.de  
www.intercongress.de



INTERCONGRESS

[www.esma-conference.org](http://www.esma-conference.org)

## Registration

Please register online at  
[www.esma-conference.org/registration](http://www.esma-conference.org/registration)

**30 June 2017** Deadline early registration  
**30 September 2017** Deadline regular registration  
**from 1 October 2017** Beginning late registration



### ESSKA-ESMA membership

Become an ESSKA-ESMA member and take advantage of reduced Congress registration fees and many more benefits! Further information online at [www.esma-conference.org](http://www.esma-conference.org)

### Registration fees

	ESMA member	ESSKA member	Reduced fee*	Non member
<b>Early registration</b>	EUR 190	EUR 210	EUR 90	EUR 250
<b>Regular registration</b>	EUR 230	EUR 260	EUR 120	EUR 280
<b>Late registration</b>	EUR 250	EUR 280	EUR 180	EUR 310

\*Non-physician, resident, trainee, student, physiotherapist, coach

## Accommodation



Convenient, comfortably, cost-effective: Book your overnight stay directly at the congress venue – the Holiday Inn Munich – City Centre hotel.

### Holiday Inn Munich – City Centre

Hochstraße 3, 81669 Munich

Germany

Single room: EUR 99

Double room: EUR 124

Breakfast per person: EUR 19,90 (mandatory)

Booking Code: ESSKA ESMA Open Meeting

Booking deadline: 30 September 2017

Book online at [www.esma-conference.org/hotel](http://www.esma-conference.org/hotel)

See You in Scotland!

# 18<sup>th</sup> ESSKA Congress 9 – 12 May 2018

Glasgow, UK



## Your Profession

Orthopaedic surgeon, clinician  
or scientist, sports medicine physician,  
physiotherapist or sports radiologist

## Your Faculty

John Bartlett, Jan Ekstrand,  
Roger Emery, Lars Engebretsen,  
Philipp Lobenhoffer, Marc Safran

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Best clinical practice in arthroscopic  
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translational science in these fields

## Call for Submissions

Submit your work for oral or poster presentation

➡ Deadline: 1 October 2017

Submit your work for one of ESSKA's Awards

➡ Deadline: 15 December 2017

## ESSKA President

Romain Seil (Luxembourg)

## Congress President

Jón Karlsson (Sweden)

## Scientific Chairmen

Gino M. Kerkhoffs (The Netherlands)

Fares S. Haddad (UK)

Michael T. Hirschmann (Switzerland)

## For Information

[www.esska-congress.org](http://www.esska-congress.org)

## Organiser & Contact

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